

WORK TO WELLNESS

November 27, 2018

Dr. Patch Adams
Protect You Health Clinic
123 Fearemployerbadguy Drive
Sanctuary, BC
FAX:

RE: Healthy workplace services for Mr. You R. Patient, our employee

Dear Dr. Adams,

I am writing to ask for your help to ensure Mr. You R. Patient receives what he needs to be healthy and well. I will pay you for your time to review and respond to this letter. I include:

- Description of our “Healthy workplace program services”
- Description of work options for Mr. You R. Patient
- Invitation for your input in simple, easy format

Healthy workplace program (brochure attached): Any time away from work, particularly for mental health or stress related reasons is a crisis, and places our employee at risk for poor health, social, emotional and financial outcomes. Collaboration between you, our employee, and me, can ensure the he receives what he needs, and stays at work if at all possible. I will do everything I can to provide Mr. You R. Patient the work, environment and services he needs.

Work options: Mr. You R. Patient is employed as a full time Foreman (job description attached). He tells me that his mental health is poor and that the stress in his job is contributing. He specifically identified a stressful relationship with his supervisor. While we sort out and resolve the source of those stressors, we have the following job, so he can remain at work:

*(bullet point descriptions; include how this job solves the employee’s stated concerns: i.e. **This job has him reporting to another supervisor**)*

Dr. Input Requested: I have discussed these options with Mr. You R. Patient and he agrees that the job options are less stressful, address his concerns about his supervisor, and seem reasonable; he would be more comfortable to discuss them with you. If there is something additional he needs, please add in specifics on the next page to let us know:

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1. Is Mr. You R. Patient receiving all the treatment and interventions that he needs and that would help improve his mental health in the timeliest manner? YES NO (please circle)
2. If relevant, what are the specific restrictions his health condition present? Please explain why the restriction is needed, and what is the risk if not followed.
3. What are the specific limitations his health condition presents? Please explain.
4. In the event that you do not agree the available job is suitable, clearly explain what elements are not suitable and why they exceed his restrictions and limitations.
5. If you do not agree that Mr. You R. Patient can be at work, what is at about being at home that will help him recover?

Thank you for collaborating.

HR Consultant

c. Mr. You R. Patient