What Can Supervisors and Managers Do?

HEALTHY REACTING/INJURED ILL

- · Foster relationship with staff
- Express care & commitment
- Encourage communication
- Model self-care
- Foster a healthy workplace
- Provide mental health resources
- · Educate workforce
- Be a proactive problem solver
- Manage performance

- Watch for behaviour changes
- Express care & commitment
- Maintain connection
- Provide accommodation
- Involve mental health resources
- Encourage early access to care
- Consult & involve experts
- Provide appropriate support
- Manage performance

- Maintain connection
- Express care & commitment
- Be patient
- Involve mental health resources
- Consilt & involve experts
- Follow expert advice
- Provide appropriate support
- Provide accommodation
- Manage performance

STAY HEALTHY GET HEALTHIER GET HELP